Literature Review

**Article Title:** Long-Term Results of Hemiarthroplasty Compared With Arthrodesis for Osteoarthritis of the First Metatarsophalangeal Joint

**Authors:** Stefan R. Beekhuizen, MD, Timothy Voskuil, MD, Ron Onstenk, MD
2. Orthopaedic Resident, Orthopaedic Surgery, Reinier de Graaf Gasthuis, Delft, The Netherlands
3. Orthopaedic Surgeon, Orthopaedic Surgery, Green Heart Hospital, Gouda, The Netherlands


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**Product:** The BioPro® First MPJ Hemi Implant

**Article Summary**
A total of 47 MTP joint arthrodesis procedures and 31 hemiarthroplasty procedures performed between 2005 and 2011 with an average follow-up of 8.3 years (5 years to 11.8 years) were reviewed and reported on.

**Article Highlights**
- Hemiarthroplasty patients received AOFAS-HMI scores of 89.7 ± 6.6 while arthrodesis patients received scores of 72.8 ± 14.5.
- Patients that underwent hemiarthroplasty were considerably more pleased with and recommended the procedure more often than those who underwent arthrodesis.
- Hemiarthroplasty allowed patients to return to sports on average 5 weeks faster than arthrodesis (6.7 weeks compared to 11.7 weeks).
- Hemiarthroplasty affected significantly less patients (17.6%) compared to arthrodesis (71.4%) active in sports, with the patients either stopping, limiting or switching their activity.
- Patients that underwent hemiarthroplasty reported less pain (22% of arthrodesis procedures resulted in moderate or severe pain postoperatively compared with 0% for hemiarthroplasty).
- 93.5% of hemiarthroplasty patients restored range of motion (>30 degrees).
- The overall total cost for both procedures were similar.
- 11.1% of hemiarthroplasty patients underwent repeat surgery compared to 74.4% of arthrodesis patients.

*This is an overview of “Long-Term Results of Hemiarthroplasty Compared With Arthrodesis for Osteoarthritis of the First Metatarsophalangeal Joint”. A complete review of the study is recommended.*